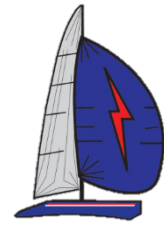


# SAILING INSTRUCTIONS



## Ford Yacht Club Frostbite Regatta October 15th, 2022



### 1 RULES

- 1.1 The series shall be governed by the *rules* as defined in the current *Racing Rules of Sailing* (RRS).
- 1.2 It is recommended competing boats comply with the World Sailing Offshore Special Regulations – Category 4  
([http://www.sailing.org/tools/documents/OSR2016Mo404012016-\[19873\].pdf](http://www.sailing.org/tools/documents/OSR2016Mo404012016-[19873].pdf))

### 2 NOTICE TO COMPETITORS AND INFORMATION MEETING(S)

- 2.1 Notices to competitors will be posted on the official notice board, located at the Ford Yacht Club's Peg Spriggs Pavilion near the fuel dock in the West Basin.

### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 hours on the day of the race.

### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from a pole located near the Ford Yacht Club Peg Spriggs Pavilion. Signals ashore will be accompanied by a courtesy announcement on VHF channel 71.
- 4.2 Flag D with one sound means 'The warning signal will be made not less than 60 minutes after flag D is displayed.' [Boats are requested not to leave the harbor until this signal is made.]
- 4.3 A corresponding announcement will be made on VHF radio station 71 after a signal is made ashore.

### 5 SCHEDULE OF RACES

- 5.1 The scheduled first warning signal of racing shall be 1300 hrs.

### 6 CLASS FLAG

Class	Flag
All Competitors	Blue

### 7 RACING AREA

Attachment A shows the location of the racing area.

### 8 THE COURSES

- 8.1 The diagram in Attachment A shows the course, the order in which the marks are to be passed, the side on which each mark is to be left, and approximate course length.

### 9 MARKS

Marks are described in Attachment A.

### 10 THE START

- 10.1 Races will be started using rule 26 with the warning signal made 5 minutes before the starting signal.
- 10.2 The starting line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the mark as described in Attachment A.

**11 THE FINISH**

The finishing line will be between a staff displaying an orange flag on the signal boat and the course side of the mark as described in Attachment A.

**12 PENALTY SYSTEM**

For all classes, the two-turns penalty is replaced by the one-turn penalty. *This changes RRS 44.1*

**13 TIME LIMITS AND TARGET TIMES**

**13.1** Time limits and target times for all classes are as follows:

Race Target Time	Race Time Limit
3-5 hours	6 hours from the last start

**14 PROTESTS AND REQUESTS FOR REDRESS**

**14.1** Protest forms are available in the Ford Yacht Club lobby and at [www.fycsailing.com](http://www.fycsailing.com). Protests and requests for redress or reopening shall be delivered to the sail committee mailbox in the Ford Yacht Club lobby or submitted using the online entry at [www.fycsailing.com](http://www.fycsailing.com) within the appropriate time limit.

**14.2** For each class, the protest time limit is 2 hours after the last boat has finished for that boats class.

**14.3** Notices will be posted no later than 24 hours after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, the location of which shall be posted on the official notice board, beginning at the time posted.

**14.4** Notices of protest by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b)

**15 SAFETY REGULATIONS**

**15.1** A boat that retires from a race shall notify the RC as soon as possible.

**16 RADIO COMMUNICATION**

**16.1** On board VHF radios are required for monitoring purposes. The RC will be monitoring VHF channel 71.

**16.2** Boats abandoning the race or choosing not to finish must alert the Race Committee on VHF station 71, a response will be given by the RC to confirm the retirement from the race.

**17 AWARDS**

**17.1** Award shall be presented at the FYC Awards Night.

**18 Disclaimer of Liability**

**18.1** Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**19 INSURANCE**

**19.1** Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$300,000 (USD) per incident or the equivalent.